

CELEBRATE WOMEN

DREAM. DARE. DELIVER: Expanding Our Mindse

OHIO | LANCASTER
UNIVERSITY

Friday, March 22, 2024

A Letter from the Co-Chairs:

We c ~~an~~ e 18 A, a Ce eb e W e

to deliver amazing speakers. This year, we are very appreciative of our newest sponsor support from Ascent, C&C Wellness, Inc., and the Ohio University Credit Union.

We are excited to continue working with long-time Ohio University supporters and Bobcat sponsors: Scripps School of Communication Studies, Voinovich School of Leadership and Public Service, the College of Business, Heritage College of Osteopathic Medicine, the Division of Diversity and Inclusion, the Division of Student Affairs, and the College of Health Sciences and Professions.

Community support for Celebrate Women has been unwavering, and we appreciate our generous community supporters and sponsors: The Fairfield County Foundation, Krile Communications, Park National Bank, Fairfield Homes, Fairfield Federal Savings and Loan Association, Stebelton Snider Law Office, Fairfield Medical Center, Friends of the Library, and Dr. Carri Brown, Fairfield County Auditor.

Be sure to review your program for the complete schedule of engaging panels. Visit the Wilkes Art Gallery to enjoy refreshments throughout the day courtesy of sponsors. Join us at 11:15a.m. in the Gymnasium as we honor our Celebrate Women 2024 award recipients. Don't miss NASA Flight Chief Allison Bolinger who will present her keynote address, "Tough and Confident: Lessons From a Mission Control Mindset," immediately following our luncheon at 12:55p.m. in the Wagner Theatre. Be sure to join us in the Wilkes Art Gallery at 3:20p.m. as we enjoy Ohio Poet Laureate, Kari Gunter Seymour, as she shares insights into the women of Appalachia. Our day will conclude at 4:00p.m. in the Wilkes Art Gallery for networking and door prizes.

As you engage in the sessions, discussions, and networking opportunities offered throughout the conference, we encourage you to reflect on your own mindset journey and envision the possibilities that lie ahead. May this experience inspire you to embrace a mindset of empowerment, resilience, and limitless potential.

On behalf of the Celebrate Women steering committee, thank you for being part of this transformative journey. We're glad you're here and hope you enjoy the day as much as we've enjoyed

Schedule

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Wagner Theater

, Associate Dean for Industry Partnerships and Outreach, Russ College of Engineering and Technology

Join us for an inspiring session focused on promoting diversity in STEM fields and professions. In this presentation, we'll delve into the innovative Break Through Program, designed to inspire and empower young minds to pursue careers in science, technology, engineering, and mathematics. Discover how the Break Through Program is reshaping the landscape of STEM education by providing hands-on learning experiences, mentorship opportunities, and exposure to diverse STEM professionals. Whether you're an educator, parent, or STEM enthusiast, this presentation offers valuable insights and inspiration for engaging the next generation. Join us as we explore the transformative impact of the Break Through Program and learn how you can inspire the future leaders of tomorrow.

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Wagner Theater

, Coordinator of School of Nursing, Ohio University Lancaster
, Associate Director, Ohio Women's Coalition
, Executive Director, Survivor Advocacy Outreach Program & New Leaf Justice Enterprises

, Co-Founder, Dirty Girl Coffee LLC

This panel presentation brings together accomplished women from government, business and nonprofit sectors to discuss strategies for overcoming challenges and embracing leadership roles. In this dynamic session, our panelists will share their diverse experiences and perspectives on navigating obstacles, developing bold leadership skills, and making impactful contributions in their respective fields. Discover firsthand insights into the unique challenges and barriers that women face in leadership positions and learn practical strategies for overcoming them. Explore the importance of resilience, determination,

and mentorship in achieving success, and gain valuable tips for navigating the complexities of leadership in today's fast-paced world. The session will culminate with an interactive segment, guiding attendees to create personalized action plans to apply the discussed principles and strategies in their lives effectively. Whether you're a seasoned leader or just beginning your leadership journey, this panel presentation promises to empower and motivate you to reach new heights of success in your career and beyond.

(2)

BR 402

*Panelists: Dr. J. L. ... '11, Associate Vice Provost of Higher Education and Partnerships
Dr. ... '04, Chief Operating Officer, ENGIE Impact*

In this session, we'll explore the transformative power of adopting a growth mindset—a belief that abilities and intelligence can be developed through dedication and effort. Discover how embracing a growth mindset can unlock your full potential, enhance resilience, and fuel your journey toward success. Explore the ways in which a growth mindset can empower women to navigate career advancement and pursue ambitious goals. Whether you're striving to advance in your career, overcome obstacles, or simply grow as an individual, this presentation offers valuable insights and tools for harnessing the power of a growth mindset. Join us as we explore how adopting this mindset can empower women to achieve their dreams and create fulfilling, successful lives.

(3)

BR 212

*Panelists: Dr. ... '02, ... '0, Director of Operations and Budget for Regional Higher Education
Dr. ... , Assistant Professor, Teacher Education, Patton College of Education, Ohio University*

This workshop will explore the transformative potential of collaboration among key stakeholders in education. Discover the benefits of forging strong partnerships between schools, communities, and universities. Participants will explore the concept of community and career-connected learning, a framework aimed at utilizing community resources and establishing lasting partnerships. Learn practical strategies and best practices for establishing and sustaining successful partnerships. Explore how to identify shared goals and priorities, leverage existing resources and assets, and foster open communication and collaboration among all stakeholders. Gain insights from real-world examples of successful partnership initiatives, as well as actionable tips for overcoming common challenges and barriers. Don't miss this opportunity to explore the power of collaboration in transforming education and enriching lives.

(2) *Discovering Your Passion and Purpose*

BR 409
1, *Director of Student Services, Ohio University Lancaster*
1, *Community Relations Coordinator, Park National Bank*

Discover the steps to kick-start your journey toward making a positive impact in your community, from identifying your passions to researching organizations and causes that resonate with you. Learn how to navigate potential obstacles and setbacks, turning them into opportunities for growth and learning. Explore strategies for finding volunteer opportunities that are the right fit for you, whether it's through local nonprofits, community organizations, or virtual platforms. Gain insights into building lasting relationships with fellow volunteers, community members, and organizational leaders. Don't miss this chance to learn how you can play an active role in creating positive change in your community and beyond.

(3) *Leading Effectively*

Bistro
1, *Associate Vice Provost of Regional Higher Education and Partnerships*
1, *M.A., Business Analyst, American Electric Power*

Join us for an empowering workshop focused on leading effectively as an individual contributor, even when you're not officially in charge. This session will cover practical strategies applicable to various contexts, including organizations, community service, work groups, or projects you're involved in. Discover how to enhance your leadership abilities through personal accountability, influence, communication, and strategic vision planning principles. Whether you're aiming to amplify your impact at work or in your community, this workshop will equip you with the tools and techniques needed to lead with confidence and effectiveness from any role.

(4) *Overcoming Emotional Barriers*

BR 414
1, *Success Advisory, Ohio University Lancaster*
0, *Interpersonal & Public Communications Specialist*

Sometimes you sabotage your success without realizing what blocks may paralyze your move forward. Usually blockage comes from emotional issues that affect your ability to make decisions, manifest what you would love to have in your life and obtain the results you want in your business. Typically, these barriers come from early emotional issues lodged at the cellular level. You assume you have worked through these issues, yet, at times find yourself noticing how they emerge in stressful moments. The content is based on Universal principles designed to guide you in identifying those limiting beliefs, isolating the charges related to your emotions, and obtaining the strategies to overcome your emotional barriers. The session is interactive, designed to discuss the factors that inhibit you from living to your full potential

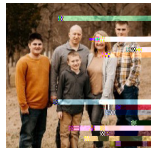
BR 417

01, Coordinator of School of Nursing Operations, Ohio University Lancaster
01, Director/Head of Diversity Equity & Inclusion, Paycor, Inc.

In the workplace, women often encounter distinct challenges, including barriers to leadership roles and positions traditionally dominated by men. This session will delve into the latest research on the pressing issues affecting women in professional settings. We'll explore strategies rooted in diversity, equity, and inclusion (DE&I) initiatives and workplace culture enhancements. These approaches aim to equip women with the tools and resilience needed to overcome obstacles unique to their identity in the workforce. Join us as we examine actionable solutions to empower women and foster inclusive workplaces where all individuals can thrive.

11 12 4
Ohio University Lancaster Gymnasium

01, Professor, Communication Studies



01, Operations
Coordinator, Bottoms Up Diaper Bank



As the 2023 Jane Johnsen Vision for Women Award recipient, Rachel will discuss the natural gifts and strengths of women and how her mindset has evolved on this topic.



Vice Provost, Regional Higher Education



President, Ohio University

The 2024 Jane Johnsen Vision for Women Award and Student Leadership Awards will be presented at the luncheon.

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Wagner Theater

, Deputy Director, Safety and Mission Assurance Directorate, NASA's
Glenn Research Center; Trustee, Ohio University



Flight Director, NASA

UNIVERSITY

(2)

BR 414

Associate Vice Provost of Regional Higher Education and Partnerships
Board President, Leaders of Today Central Ohio

This workshop will address the significance of leadership for young women and offer strategies to overcome obstacles they may encounter. By emphasizing the importance of mentorship, self-confidence, and resilience, the presentation aims to motivate and empower young women to pursue leadership opportunities and make meaningful contributions across diverse fields. Additionally, the session will include instruction and practice of mindfulness techniques aimed at reducing stress and enhancing resilience, as well as promoting overall health and well-being.

(3)

BR 212

President & Founder, C&C Wellness, Inc., Owner, Wellness with Cenell LLC
21, *Director, External Relations and Strategic Partnerships and Executive Director, Mayors' Partnership for Progress*
Executive Director, LEAD Ohio

Are you thinking about running for office? Join us for an informative session on women running for political office, where we'll explore the essential steps to candidacy and strategies for supporting aspiring female leaders. From understanding the nomination process to crafting a compelling campaign platform, this session will provide practical guidance for women interested in pursuing these leadership roles. Additionally, we'll discuss the importance of building a strong support network and leveraging resources to overcome challenges commonly faced by women in politics. Whether you're considering a run for office yourself or seeking ways to support women candidates, this session offers valuable insights and tools for empowering women in the political arena. This will be a casual conversation with the presenters about their experiences, their regrets, and their most proud moments.

(4)

BR 211

Program Director for Medical Assisting Technology, Ohio University
Executive Coach, Independent Business Consultant

This workshop will focus on the power of creating good habits and the profound personal and professional benefits they bring. In this session, we'll explore the strong connection between habits and mindsets, delving into how our habits shape our thoughts, behaviors, and ultimately, our outcomes. Discover practical strategies for cultivating positive habits that support your goals and aspirations, whether in your personal life or professional endeavors. From improving productivity and focus to enhancing overall well-being, we'll uncover the transformative impact of habit formation. Don't miss this opportunity to unlock the keys to success and create lasting positive change in your life.



Bistro

2022-2023, Director of Operations and Budget for Regional Higher Education

, Transformational Coach & Corporate Trainer, Inner Wisdom Wellness

, Certified Jay Shetty Mindset Coach, Inner Wisdom Wellness

Unlock the transformative potential of your thoughts as we explore the profound impact that shifting your mindset can have on both personal and professional success and satisfaction. In this session, we'll delve into the powerful connection between your thoughts, beliefs, and outcomes, and how reframing your perspective can lead to positive change in all aspects of your life. From enhancing performance and productivity to fostering healthier relationships and greater fulfillment, you'll learn how changing your thoughts can open new possibilities and propel you toward your goals. Don't miss this opportunity to harness the power of your mind and unleash your full potential for success and satisfaction.



BR 402

, Associate Professor of Instruction, Ohio University Lancaster

, President & CEO, Krile Communications

, Executive Director, Fairfield County Foundation

, Executive Director, Lancaster Festival, Inc.

2021-2022, Service Safety Director, City of Lancaster

, Chief Executive Officer, United Way of Fairfield County

Discover the story behind the creation of The Rivet Society as presenters explain the origins of this network of women and share the vision that inspired its formation. During this session, speakers will share the journey of how The Rivet Society came to be from a conversation over lunch to a thriving organization making a positive impact - discussing the driving forces, challenges, and triumphs along the way. From the initial idea to the collaborative efforts that brought it to life, you'll gain insights into the passion and purpose behind this empowering community. Whether you're curious about the backstory or seeking inspiration for your own community-building endeavors, this presentation offers a fascinating glimpse into the genesis of The Rivet Society.

Congratulations to the 2024 Student Leadership Award and the Jane Johnsen Vision for Women Award recipients!



Congratulations to the 2024

Service Project for Celebrate Women 2024



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CELEBRATE WOMEN 2024 would like to thank all of the speakers and sponsors listed in the program, the vendors, and all of the following individuals for their support of this year's conference:

20, Administrative Services Associate, Regional Higher Education

1, Associate Vice Provost of Regional Higher Education and Partnerships

04, IT Support Specialist, Ohio University Lancaster

, Student Worker

, President & Founder, C&C Wellness, Inc., Owner, Wellness with Cenell LLC

4, Executive Director, OUAA; Associate Vice President, Alumni Relations and Annual Giving

, Executive Assistant, Fairfield Homes, Inc.

1, Auditor, Fairfield County Auditor's Office

'0, **'20** Assistant Director of Advancement Events, University Advancement

, Division of Diversity and Inclusion

, Chief Financial and Administrative Officer, College of Business

, Vice President of Delivery and Member Services, Ohio University Credit Union

, CEO, Fairfield County Foundation

1, Director, Ohio University Women's Center

, Ohio University Lancaster

, Stebelton Snider

, Special Assistant and Director of Administration, OU Regional Higher Education

12, Graphic Designer I, University Communications and Marketing, Ohio University

'02, **'0**, Director of Operations and Budget for Regional Higher Education

, Assistant Vice President, Fairfield Federal Savings and Loan

, Marketing and Community Services, Fairfield Medical Center

, President & CEO, Krile Communications

2, **1**, Assistant Vice President for Alumni Relations and Campus Partnerships

, Hannah V. McCauley Friends of the Library

1, Graphic Designer II, University Communications and Marketing, Ohio University

21, Director, External Relations and Strategic Partnerships, Voinovich School of Leadership and Public Service

, Associate Director of Development & Major Giving, Regional Campuses


, Administrative Specialist/Cashier, Ohio University Lancaster

, Dean, College of Health Sciences and Professions

, Dean, College of Health Sciences and Professions

◀ , **02**, *Art Director,*
Advancement Communication & Marketing

◀ , **1**, *Community*
Relations, Park National Bank



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"Each time a woman stands up for herself, without knowing it possibly, without