

COVID-19 Isolation Instructions

These instructions are for people who are under orders to isolate due to a positive COVID test result or people who choose to isolate due to COVID-19 symptoms.

What is isolation?

x Isolation separates sick people with a contagious disease from people wh

x Clean surfaces every day.

- o fixtures, toilets, phones, keyboards, tablets, and bedside tables.
- o Clean any surfaces that may have blood, stool, or body fluids on them.
- o Use a regular household cleaning spray or wipe. Follow the label directions for correct and safe use of the cleaning product.

If you need to seek medical care, **CALL** your healthcare provider or clinic **FIRST** to get instructions **BEFORE** going to a health care office, hospital, or urgent care.